

LST534 Newsletter

April/May/June 2007

Volume 10 , Issue 2

Painting to Benefit Veterans

Salvatore Logano served on board LST534 as a Seaman, 2nd Class. Now, his service is being honored in a painting that hopes to bring funds to a memorial being built in Portland, Connecticut to honor all veterans.

The artist: Mr. David Magee.

The memorial committee chair: Mr. Reg Farrington.

The mission: To build a Veterans Memorial to commemorate and honor the veterans of the Portland community.

All Magee had to do was look around at the local townfolk who served their country time and time again. That inspired him to paint, paint, paint.

David Magee, a South Glastonbury, CT resident and Marine reservist said he began the work at the urging of the committee chairperson, Mr. Farrington.

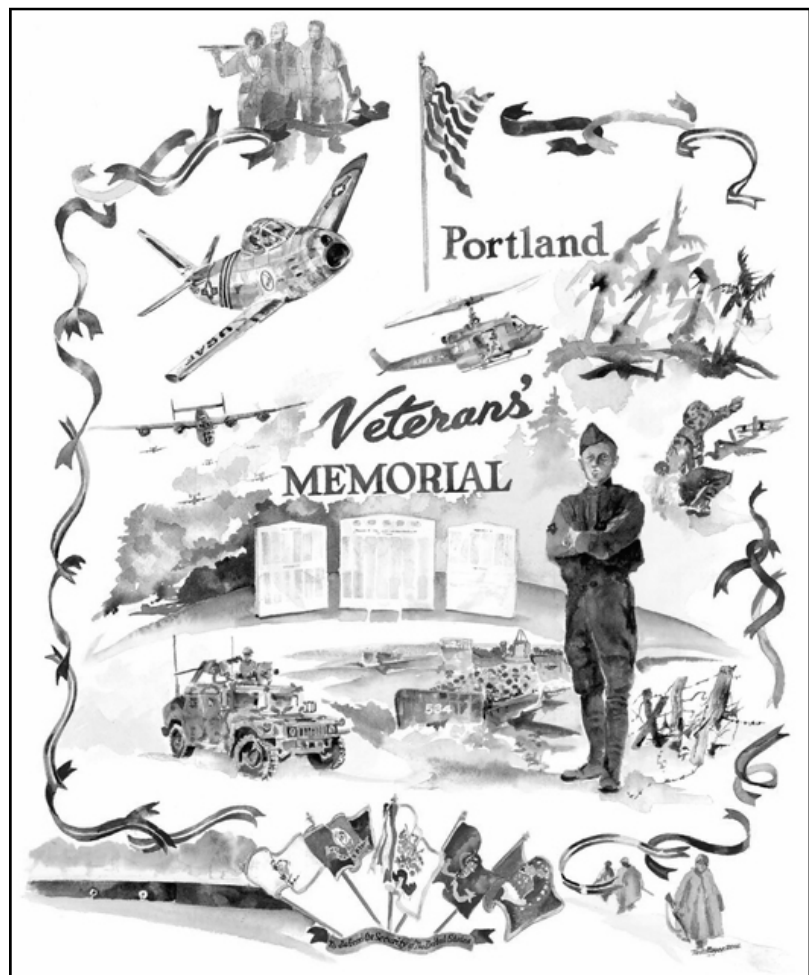
His painting includes vivid images of a Korean War-era F86 Sabre jet fighter; a Vietnam-era UH-1 Huey helicopter; a modern Humvee;

and the image of four-engine B24 "Liberator" bombers fighting their way through the smoke and fire of Ploetsi, Rumania during a harrowing WWII raid.

In the center of the painting is a WWII landing craft shown as it

heads towards the beaches of Normandy, France in 1944. This image was inspired by local resident Sal Logano and his service on board LST534. Look closely and you see 534 on the bow.

Magee's choice of vivid



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watercolors softens the images of gruesome war. The result is a very melancholy feel to the art. Magee said, "There is a spiritual quality to watercolors."

The City of Portland acknowledges that the painting will touch the hearts of a lot of people.

The painting is available for \$25. Money is being raised to complete the memorial. To order a print or make a small contribution, mail a check (made out to the Veterans Memorial) to Sal Logano at:

101 High Street
P.O. Box 144
Portland, CT 06480-1656

Sal, thanks for sharing this story with us. And thanks for representing the LST534 and all veterans.

The memorial ceremony is being planned for this summer in Portland.

****Thanks to Jeff Mill, Middletown Press; and David Magee, artist, for contributing to this article.****

NEWS



My Mom

After several months of dealing with shingles and post-herpetic neuralgia pain—my mom is feeling better. She's about 98% well. Time is her best friend right now. Thanks to everyone who sent her get well wishes.

LST Week

LST Week in Evansville, Indiana is September 26-30, 2007. Lots of fun activities are being planned for this year's convention. I hear they may actually let attendees who are veterans set sail on LST325!

When was the last time you did THAT??

Medication Errors

(Provided by Lauran Neergaard, AP Medical Writer)

When I recently learned the enormous toll taken by medication errors, it occurred to me to print the following tips.

- ◆ Maintain a list of prescription and non-prescription drugs, vitamins, dietary supplements (including liquids) and over-the-counter medication you use. Take that list with you whenever you visit your healthcare provider.
- ◆ Ask your doctor to write down, in a way you can read it, any drug he/she prescribes, the dosage, and how to take it.
- ◆ Ask both your doctor and the pharmacist about side effects and drug interactions.
- ◆ Be sure to get the drug's information leaflet and read it. You won't understand a lot of it, but you will understand the important patient information.

- ◆ Look at the size, shape, and color of your pills. Each time they are refilled, check to see if they are the same or have changed.
- ◆ If you go to the hospital, ask the doctor or nurse BEFORE you proceed with taking a drug, what is the medication and what it is for.
- ◆ Before surgery, ask your doctor about any medications you should avoid.
- ◆ If in the hospital, get a written list of any medicines you are supposed to take after going home and how to take them.
- ◆ If you go to different doctors, make sure you show your list of medicines to each one to prevent bad drug interactions.

Remember, the one person who is for sure interested in your good health, is YOU. Stay involved in your care.

There are more than 10,000 prescription drugs on the market and more than 300,000 over-the-counter products.

The VSM Medal

(Reprinted from VetFriends.com)

A military award authorized to service members of the US Armed Forces who served more than 30 consecutive days, or 60 non-consecutive days in Vietnam and contiguous waters and airspace between the dates of

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11/15/61 and 3/28/73 to recognize military service during the Vietnam War.

Service members who supported operations from other countries may be issued the medal if activity was in direct support of Vietnam combat operations.

The VSM medal was established by executive order 11231 on July 8, 1965 by order of Lyndon B. Johnson. Personnel awarded the Armed Forces Expeditionary Medal (AFEM), for service in Vietnam from July 1958 to July 1965, have the option to exchange the AFEM for the VSM by request.

Centered on the medal is a dragon, behind a grove of bamboo trees, with the inscription, "Republic of Vietnam Service." The reverse shows a cross-bow (the ancient weapon of Vietnam), surmounted by a lighted torch. Below this, along the outer edge are the words, "United States of America" in raised letters.



Did You Know?

Nautical knots, a measure of

ship speed, were originally determined by using a spool of knotted rope with a weighted end. The rope's knots were spaced about forty-seven feet apart. Sailors would let the rope uncoil behind the ship for a timed interval. By counting the number of knots that went overboard, they knew how quickly the ship was traveling.

In Memoriam



In January, we lost another shipmate, Lawrence Killian. Lawrence was a boatsman 2nd class on board LST534. Lawrence and his wife, Iva, spent many years of late ministering to nursing homes. Before retirement, Lawrence owned his own carpeting service business. He also did a lot of woodworking as a hobby. Lawrence developed a slow growing bone cancer a few years ago. Lawrence has always been involved with the comings and goings of the LST534 crew. He liked receiving the newsletters. His wife and children will miss him dearly. And so will his LST534 family. May he rest in peace.

HOLIDAYS

April

- 1 Palm Sunday
- April Fools Day
- 3 Passover Begins
- 6 Good Friday
- 8 Easter
- 22 Earth Day

May

- 1 May Day
- 13 Mother's Day
- 19 Armed Forces Day
- 28 Memorial Day

June

- 14 Flag Day
- 17 Father's Day
- 21 First Day of Summer



BIRTHDAYS

April 1

Andy Cumella
11 Freeport Court
Toms River, NJ 08757

April 14

Alex Fielder
5950 Ambassador Drive
Fairfield, OH 45014

May 17

Duncan Robey
8301 Tieton Drive, #87
Yakima, WA 98908

May 17

Jim Miller
1452 S. Ellsworth Rd., # 2211
Mesa, AZ 85208

July 8

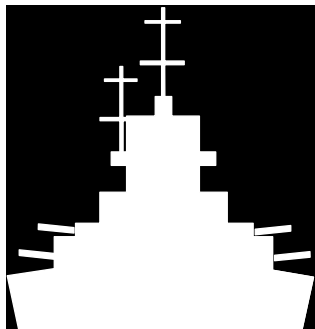
Lyle Kingsbury
3878 Claremont Rd.
Charlestown, NH 03603

July 11

Bill McAndrew
P.O. Box 781546
Wichita, KS 67278-1546



LST534 Newsletter
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New York, New York 10019



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Just for Fun

Just for Fun is a column meaning just that – FUN!

(Reprinted from The Townsman, Feb 15, 2007)

M: Beat around the bush; Jump to conclusions.

T: Drag my heels; Hit the nail on the head; Make mountains out of mole hills.

W: Bend over backwards; Run around in circles.

Th: Wade through the morning paper; Pull out all the stops; Add fuel to the fire.

F: Put my foot in my mouth; Start the ball rolling; Open a can of worms.

S: Pick up the pieces.

S: Kneel in prayer; Uplift my hands in praise; Bow my head in thanksgiving.

What a Workout!!

Nautical Terms:

*In memory of James Richard Drew who
contributed to this column until his passing.
Contributed by Willie Gunn.*

Aft—Toward the stern of the boat

Alee—Away from the direction of the wind.

Editor and Comments:

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